



TEMPLE & Outhouse People



Learn how to set healthy boundaries when it comes to dealing with people

This workshop will have you learning and laughing as you discover the truth about how to:

- Establish clear and healthy boundaries in all relationships
- Say "No" to unhealthy "Outhouse" behaviours
- Stop "Outhouse" people from taking advantage of you
- Recognize "Temple" people and how to attract more of them into your life
- Identify "Outhouse" people and how best to keep them at a safe distance
- Prevent "Outhouse" people from using you as their emotional dumping ground for their unhealthy behaviours, actions, and words
- Honour, respect, and value your own personal "Temple"
- Heal leaky boundaries and stop gossip in its tracks
- Become a clear and powerful "Gatekeeper" to your "Temple"
- Understand the spiritual, mental, and physical importance of maintaining strong boundaries between "Temple & Outhouse" people
- Stop enabling "Outhouse" behaviours in others
- Stop trying to turn "Outhouse" behaviour people into "Temples"

During this impactful day you will learn what clear and healthy boundaries are emotionally, spiritually, sexually, and relationally. You'll also discover how to establish safe, healthy, & appropriate "Temple" boundaries in every area of your life.



David Allen Jones has spent the last 25 years of his life becoming a master teacher in the field of relationships. His teachings are based on the life changing principles of Love, Forgiveness, Truth, Freedom, Trust, and Safety.

David is a man with true passion with the ability to make you laugh, inspire, and motivate you to heal your life, which is proven time and time again through his powerful and life altering programs.

When: Wed. - June 3, 10, 17 & 24, 2009
From: 7:00 pm to 10:00 p.m.
Location: 208 Robertson St., Victoria.
Cost: \$65 per person / \$25 per student
\$110 per couple

Includes materials & 2 snacks (bring a lunch)

To register please call our office: 250-590-0150
or visit www.freetheheart.com

To register, please return the bottom portion of this form along with payment. Retain top portion for your records. Please make cheques payable to **CIL**. Mail registration and payment to: **Centre for Inspired Living**
185 - 911 Yates St. Suite #714 Victoria, BC V8V 4Y9

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Temple & Outhouse June, 2009